



EHA CONFERENCE 2023

19TH - 22ND OCTOBER IN BELGIUM

💡 KNOWLEDGE ❤️ EMPATHY 🗣️ EMPOWERMENT

THURSDAY OCTOBER 19TH

Registration

16:00 - 19:30

Welcome Dinner

20:00

Hotel restaurant

FRIDAY OCTOBER 20TH

HD on the Move Rudy Vera

8:00 - 9:00

Outside

Official Welcome and Greetings

9:00 - 9:20

Hilde Crevits (Minister of Health in Flanders), André Willems (President at Huntington Liga), Albert Counet (President at Ligue Huntington Francophone Belge), Astri Arnesen (EHA President)

Congress Hall

30 Years from the gene discovery.

How far have we come? Astri Arnesen

9:20 - 9:50

Congress Hall

The many faces of HD Svein Olaf Olsen

10:00 - 11:15

Congress Hall

↳ **Being at-risk** Bruce Wilson

↳ **Being HD gene positive** Rob Haselberg

↳ **Being HD gene negative** Saija Ristolainen-Kotimäki

↳ **Having HD symptoms** Tess Persson

↳ **Care for someone with HD** Javier Lafuente

The Importance of Communication in HD Care 11:15 - 13:00

Ruth Venhuizen and Saija Ristolainen-Kotimäki

Congress Hall

↳ **Meet me with understanding!** Alex Fisher

↳ **Speak with me and not just to me or above me!**
Jacqueline Grootscholten

↳ **Q&A and discussion**

Presentation of the afternoon sessions

13:00 - 13:10

Congress Hall

LUNCH

13:10 - 14:00

Parallel sessions

14:00 - 15:30

↳ **Being an HD family member and having babies**

Alzbeta Muehlbaeck and Rob Haselberg

Feestzaal 1

↳ **What is our attitudes and perceptions?**

↳ **What are the challenges?**

↳ **Which solutions do we find?** Despina Anastasiou

↳ **Have children at-risk** Svein Olaf Olsen

↳ **Not having children** Michaela Winkelmann

↳ **As HD progress – difficult decisions**

Dr. Dirk Liessens and Giorgos Papantoniou

Feestzaal 2

↳ **Why complicated? Because it is** Dr. D. Liessens

↳ **Making the impossible possible and it's limits** Bart Corthals

↳ **A long and winding road, the client as our compass**
Saskia Demeulenaere

Freetime and networking

15:30 - 17:00

Self-care and social activities

17:00 - 19:00

- ↳ **Psychotherapy role play** Andri Christoudia 17:00 - 19:00 Feestzaal 1
- ↳ **Football cup** Svein Olaf Olsen 17:00 - 18:00 Outside
- ↳ **Choir rehearsal. Song: North Star** Olivia Sawano 18:00 - 19:00 Hall 8
- ↳ **Interactive music therapy** Marlies Brandt 18:00 - 19:00 Hall 4
- ↳ **Photography activity "Abandonment"** Francesco Ripanti 18:00 - 19:00 Hall 7

Debriefing Sessions (Individual Consultations) 17:00 - 19:00

Alzbeta Mühlbäck, Andrada Ciuca and Filipa Júlio

Meeting room 3

CONFERENCE DINNER

20:00

SATURDAY OCTOBER 21TH

- HD on the Move** Rudy Vera 8:00 - 9:00 Outside
- Physiotherapy EHDN Working Group** 9:00 - 13:00 Feestzaal 3
- Huntington Liga HD day for families** 9:00 - 13:00 Congress Hall
- Norwegian HD Network** 9:00 - 13:00 Hall 8
- Multidisciplinary treatment and care EHDN working group** 9:00 - 13:00 Hall 7
- Support groups for family members** 11:00 - 13:00
- ↳ **Being Gene-positive** Rob Haselberg Feestzaal 1
- ↳ **Being Gene-negative** Giorgos Papantoniou, Saija Ristolainen-Kotimäki Hall 4
- ↳ **Being at -risk** Astri Arnesen, Claudia Villa Coffee area
- ↳ **Being a Spouse/partner/carer** Svein Olaf Olsen, Despina Anastasiou Feestzaal 2

LUNCH

13:00 - 14:00

14:00 - 15:00

What are the needs of the younger generations affected by HD and how can we best support them? The Moving Forward Project

Filipa Júlio, Ruth Blanco, Zaynab Umakhanova, Julie Skarberg, Luis Aguilar and Olivier Graf

Congress Hall

Online training for care givers

Carina Hvalstedt, John Gregor

15:15 - 16:00

Congress Hall

BREAK

16:00 - 17:00

Self-care and social activities

17:00 - 19:00

- ↳ **Psychotherapy role play** Andri Christoudia 17:00 - 19:00 Feestzaal 1
- ↳ **Qigong** Sylvie Daubian-Delisle 17:00 - 18:00 Feestzaal 2
- ↳ **Qigong** Sylvie Daubian-Delisle 18:15 - 19:15 Feestzaal 2
- ↳ **Football cup** Svein Olaf Olsen 17:00 - 18:30 Outside
- ↳ **Documentary from France: Jusqu'en haut avec lui** 17:00 - 18:30 Congress Hall
- ↳ **Choir rehearsal. Song: North Star** Olivia Sawano 18:00 - 19:00 Hall 8
- ↳ **Interactive music therapy** Marlies Brandt 18:00 - 19:00 Hall 4
- ↳ **Photography activity "Abandonment"** 18:00 - 19:00 Hall 7
Francesco Ripanti

Debriefing Sessions (Individual Consultations) 17:00 - 19:00

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Meeting room 3

FAREWELL DINNER AND PARTY

20:00

Life music and dance Duo Echt-Genoten

SUNDAY OCTOBER 22ND

HD on the Move Rudy Vera	8:00 - 9:00	Outside
Clinical trial updates with discussion and Q&A Moderator: Prof. Anne Rosser Roche, UniQure, PTC Therapeutics, Wave, Prilenia, Generation HD2	9:00 - 11:00	Congress Hall
BREAK		11:00 - 11:15
Panel Discussion Trial recruitment in ongoing and upcoming HD trials Moderators: Proff Anne Rosser, Astri Arnesen	11:15 - 12:00	Congress Hall
Round-up and good bye	12:00 - 12:15	Congress Hall
LUNCH		12:30

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